



Mark  
your  
Calendar!



- ◆ *Friday, Jan. 11th*  
"Taking a Bite Out of Oral Health Problems: Strategies & Solutions to Improve Rural Health" webinar
- ◆ *Thursday, Jan. 17th*  
"NOSORH Prepares for the 2008 NRHA Policy Institute" webinar
- ◆ *Sunday, Jan. 27th*  
NOSORH meeting at NRHA Policy Institute (6:30 PM in the New York room at the Capital Hilton)
- ◆ *Feb. 6-8, 2008*  
Board Retreat (San Francisco, CA)
- ◆ *Wednesday, Feb. 13th* "Technology webinar
- ◆ *Mar. 4 - 6, 2008*  
Rural Health Workforce - The Future is now! - (Phoenix, AZ)

Contact Information

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As I look around my community it's really noticeable what a tough year it has been for so many people. The economy is not good, the political banter seems like more of a spiteful scrap, and there are so many people with so many needs. Myself included! Like you, I need at least a tiny bit of respite and recreation and frankly that just seems selfish and shallow, right now. But let's indulge ourselves and sit back with a couple of good holiday appropriate thoughts about what's important and what we're thankful for. I'm quite thankful for the privilege of serving all of you and for working with Donna and Betty. We all send you best wishes for a peace-filled holiday! Indulge in some good heart warming, true stories: [Post Devastation in Kansas](#) and [Useful Energy in New York](#).



*Teryl Eisinger*

**WOULD YOU LIKE TO LEARN MORE ABOUT NON-PROFIT SORHs?** A topical group session for non-profit SORHs (or those interested) will be convened in South Carolina, January 10-11, for more information contact [Graham Adams](#). An application for mentoring funds is required in advance.

**LEGISLATOR OF YEAR NOMINATIONS OPEN UNTIL JANUARY 15<sup>th</sup> -**

please contact your Policy Committee Chairs - [Lisa Davis](#) or [John Barnas](#)

**SPECIAL END OF YEAR APPRECIATION -**

to outgoing Board members - Alison Hughes (AZ) passes the gavel to new President Karen Madden (NY) but will still serve on the Board in her role as Past-President. Graham Adams will retire as Past-President but will continue on the board as a development liaison. Thanks to the all other departing members Jennifer Hessert Region A Representative (PA), Region B Representatives: Kristy Nichols (LA), Larry Allen (KY), Bill Rodgers (AR) Parliamentarian, Ex-Officio Members Serge Dihoff (NC), Kathy Williams (IA).

**Got New Year's Resolutions?**

Don't forget to include helping yourself through a NOSORH mentoring experience! Here's what some participants tell us:

"The Mentoring Program has value; the Program serves as a vehicle to learn from each other. The program made possible an exchange that would not have otherwise happened."

"Our Office developed an expanded understanding of the services, programs and funding sources that could be utilized to meet the health and safety needs of farmers and farm workers."

If there is a topic you would like assistance with, please contact us. We will even assist in matching someone to help you.

**NOSORH Board** is busy planning the annual budget if you have ideas for projects and activities which will better serve SORH email [Teryl](#).

**BOOK RECOMMENDATION:** [Never Check Email in the Morning, and Other Unexpected Strategies for Making Your Work Life Work](#). By Julie Morgenstern, Some great tips on prioritizing work and real life and maybe even some ideas we could use for a NOSORH email code of conduct!